insert title here in CAPS BOLD, CENTERED, TIMES NEW ROMAN, 16 POINTS

*Insert Abstract text here in Italics, Justified, Times New Roman, 12 Points*

*Keywords*: Type the keywords here in Times New Roman, 12 Points, max 3 words

FIRST LEVEL HEADING: CAPS BOLD, TIMES NEW ROMAN, 14 POINTS

This is the Normal style (Times New Roman, 12 points, 6 point space after paragraphs, line spacing 1.15, justified).

Second level heading: Bold, Times New Roman, 12 points

This is the Normal style (Times New Roman, 12 points, 6 point space after paragraphs, line spacing 1.15, justified).

Text in Tables and Figures should be in Times New Roman 10 or 12pts with captions in Times New Roman 10pt.

Table 1. Describe Table here. [insert table below].

Figure 2. Describe Figure here. [insert figure above].

REFERENCES

References must be in the APA style, ([www.tandf.co.uk/journals/authors/style/reference/tf\_A.pdf](http://www.tandf.co.uk/journals/authors/style/reference/tf_A.pdf)).

(Times New Roman, 11 points, 6 point space after paragraphs, line spacing 1.0, justified).

Jacobson, N. S., & Truax, P. (1991). Clinical significance: A statistical approach to defining change in psychotherapy research. Journal of Consulting and Clinical Psychology, 59, 12–19.