

INSERT TITLE (CAPS BOLD, CENTERED, TIMES NEW ROMAN, 16 POINTS)

First name last name of first Author¹, First name last name of second Author² and First name last name of third Author² (Italics, Centered, Times New Roman, 14 Points)

¹affiliation institution, city, country, (Centered, Times New Roman, 12 Points) ²affiliation institution, city, country, (Centered, Times New Roman, 12 Points)

Insert Abstract text here (Italics, Justified, Times New Roman, 12 Points – do <u>not</u> use heading 'ABSTRACT')

Keywords: Type the keywords here (Times New Roman, 12 Points, max 3 words)

FIRST LEVEL HEADING (CAPS BOLD, TIMES NEW ROMAN, 14 POINTS)

This is the Normal style (Times New Roman, 12 points, 6 point space after paragraphs, line spacing 1.15, justified).

Second level heading: Bold, Times New Roman, 12 points

This is the Normal style (Times New Roman, 12 points, 6 point space after paragraphs, line spacing 1.15, justified).

Text in Tables and Figures should be in Times New Roman, minimum text size 10 points.

Captions for Tables and Figures should be in Bold, Times New Roman, 10point as below:

Table 1. Describe Table here. (Insert Table caption above the Table).

Figure 2. Describe Figure here. (Insert Figure caption below the Figure).

ACKNOWLEDGEMENT

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REFERENCES

References must be in the APA style, (www.tandf.co.uk/journals/authors/style/reference/tf_A.pdf). (Times New Roman, 11 points, 6 point space after paragraphs, line spacing 1.0, justified).

Jacobson, N. S. & Truax, P. (1991). Clinical significance: A statistical approach to defining change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, *59*, 12–19.